THREE STEPS TO COST-EFFECTIVE APARTMENT AND CONDO HEAT PROTECTION

Step 1: Plan ahead to keep cool

Do-it-yourself, $0

1. Help vulnerable neighbours, family, friends prepare and arrange to check on them during heat events.
2. Sign up for heat alerts on your phone (e.g., WeatherCan).
3. Learn how to best use windows and doors to naturally ventilate your unit, particularly at night.
4. Choose energy efficient lights and appliances that produce less "waste" heat.
5. Arrange to work or sleep in a cooler place (e.g., shared cooling space).

Step 2: Complete simple upgrades

Do-it-yourself, for under $250

1. Green your balcony or deck with potted, hanging and climbing plants.*
2. Place tall plants with large leaves near light-facing windows.
3. Improve unit insulation and air tightness (e.g., draft strips).
4. Install blinds, heat-resistant curtains, or films on windows.
5. Use portable or ceiling fans that increase air circulation.

Step 3: Complete more complex upgrades

With building managers, for over $250

1. Install temperature and humidity monitors or controls.
2. Paint unit walls with white paint or light colours.
3. Shade windows with outdoor shutters and awnings.
4. Install windows and doors with low Solar Heat Gain Coefficients, that let less heat in.
5. Install and maintain a heat pump or air conditioning unit.

* In places at risk of wildfire, the use of green infrastructure must be considered alongside FireSmart™ guidance.

Scan the code or click the link for additional resources at www.intactcentre.ca